

Norwescap Child & Family Resource Services presents:

## Building Resilience in Children

Join us for an engaging training designed to help you foster resilience in children - an ability to recover from or adjust easily to misfortune or change.

## Learn how to:

- Define resilience and reasons it is essential to children's social and emotional development
- Identify the core competencies of resilience (7 C's)
- Explain the role of educators in building resilience
- Integrate strategies into the classroom to support building resilience

June 2<sup>nd</sup>

6:00 PM to 8:00 PM

**LOCATION:** Virtual <u>NJCCIS</u>

**EVENT ID:** 147631

